



# ELEMENTARY LUNCH MENU

## OCTOBER 2019

Monday

Tuesday

Wednesday

Thursday

Friday

1

**WORLD VEGETARIAN DAY**  
Vegetable Hummus Wrap (V)

Crispitos with Mexican Rice and Cheese

Chicken Sandwich

2

Hamburger

Cheeseburger

Fish Stick Tacos

Cheese Salad with Pretzel (V)

3

Chili Dog

Chicken Penne Alfredo with Breadstick

Vegetable Hummus Platter with Crisps (V)

4

**Pizza of the Month\***

Cheese Pizza (V)

Pepperoni Pizza (P)

Italian Pizza Salad with Roll (P)

7

Chicken Tenders with Breadstick

Spaghetti with Meat Sauce

Fruit, Yogurt & Cheese Platter with Roll (V)

8

**Breakfast For Lunch**

Cheesy Omelet with Sausage & Toast

BBQ Chicken Sandwich

SunButter & Jelly Sandwich (V)

9

Hamburger

Cheeseburger

Black Bean Burger (V)

🌮 Chicken Hard Tacos

10

Mac & Cheese with Fish Sticks

Hot Dog

Cheese Pizza Flatbread Lunch Box (V)

11

**Early Release Day**  
View Sack Lunch Menu\*

14

No School

**NATIONAL SCHOOL LUNCH WEEK PLAYLIST**

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15

**COUNTRY** Chicken Sandwich

**ROCKSTAR** Beef Nachos

**PIANO** Pizza Bagel Box (V)

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16

**BOPPIN' BEATS BURGERS**

Hamburger

Cheeseburger

Black Bean Burger (V)

**SWEET TUNES** Tuna Salad with Roll

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17

**DANCING** Mini Corn Dogs

**ROCKIN'** Popcorn Chicken Bowl with Roll

**SINGING** SunButter & Jelly Sandwich (V)

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18

**CHART-TOPPING** Cheese Pizza (V)

**POPSTAR** Pepperoni Pizza (P)

**TECHNO** Taco Salad with Tortilla Chips

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21

Popcorn Chicken with Breadstick

Pizza Sticks with Marinara (V)

Italian Pizza Salad with Roll (P)

22

Broccoli & Cheese Baked Potato (V)

Chicken Sandwich

Turkey & Cheese Sandwich

**Take a Taste Tuesday**

23

Hamburger

Cheeseburger

Bean & Cheese Tacos (V)

Chicken Caesar Salad with Roll

**WACKY WEDNESDAY**

24

Hot Dog

Macaroni & Cheese with Pretzel (V)

Ranch Chicken Wrap

25

Cheese Pizza (V)

Pepperoni Pizza

Kickin' Bean Nacho Salad with Tortilla Chips (V)

28

Chicken Tenders with Breadstick

Chicken Fried Rice with Egg Roll

Egg, Cheese & Vegetable Salad with Pretzel (V)

29

Chicken Sandwich

Cheese Quesadilla (V)

Pepperoni Pizza Flatbread Lunch Box (P)

30

Hamburger

Cheeseburger

Black Bean Burger (V)

Beef Taco Salad with Tortilla Chips

31

Cheesy Baked Penne with Garlic Flatbread (V)

Mini Corn Dogs

Ham & Cheese Sandwich (P)

**SPOOKY ICE CREAM**

\* *Varies by campus*

**Student Lunch - \$2.65** \*unless eligible for free/reduced meal program  
**Adult Lunch - \$3.55**

- Fresh fruits and vegetables served daily.
- (V) Denotes vegetarian item
- (P) Denotes pork item
- All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)

\*Menu subject to change

**STAY UP TO DATE**

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